

SAMUEL'S COLD REMEDY

SUBMITTED BY: SAMUEL STRONG GLADNEY

Samuel wrote his prescription for a cold which must have brought swift cures to any sniffing Gladneys.

Recipe for colds:

1 tablespoon of molasses

2 tablespoon of castor oil

1 teaspoon of paregoric

1 teaspoon of spirits of camphor

Mix and take often.

He noted a cure for rheumatism also: 1/2 oz. pulverized salt peter dissolved in 1/2 pint of sweet oil. Bathe the painful parts in the mixture.

A remedy for sore eyes was easy to prepare: "Steep a handful of maple bark in a cup of water. Wash eyes in water several times a day."